



Environmental Committee
 Aldersgate United
 Methodist Church
 7901 W. 21st St North
 Wichita, Kansas 67205

Name: _____ Phone Number: _____

Date: _____

Aldersgate United Methodist church has received the Creation Care Church award since 1997. The Environmental Concerns Committee at Aldersgate is proud of the actions the church takes to care for God's creation. We would like to encourage the members of Aldersgate to participate in this action by becoming Creation Care Families. As a Creation Care Family you would be recognized for the efforts that your family does to care for the environment. Use this form as a guide to create a more environmentally friendly family. Earn points for the actions taken by your family. The list rates the action's impact, the dollars your family will save, and how easy it is to accomplish. Once your family has earned 70 or more points, turn this form back into the church office. Creation Care Families will be recognized by the church on Earth Day each year.

In your Home	Points	Impact	Dollars		Implemented
			Saved	Ease	
Replace 5 frequently used incandescent lightbulbs with compact florescent lightbulbs	5	med	med	high	
Purchase energy star appliances	5	med	med	med	
Plant a tree native to your area	1	low	low	med	
Turn off lights when you're not using them	2	low	high	high	
Install automatic timers on outdoor lights	2	low	low	med	
Turn off computer and monitor when not in use	1	low	low	high	
Unplug electronic devices when not in use	4	med	low	high	
Set your thermostat 2 degrees lower in the winter and 2 degrees higher in the summer	1	low	med	high	
Upgrade your insulation	5	med	med	low	
Wrap your water heater in an insulated blanket	5	med	low	high	
Replace old hot water heaters (older than 1998)	8	high	med	med	
Keep shades closed in the summer and open in the winter	1	low	low	high	
Use air-dry on your dishwasher	1	low	low	high	
Install a low flow showerhead	9	high	med	high	
Cut shower time to 5 minutes or less	6	med	med	high	
Use cold water setting for laundry	8	high	med	high	
Reduce your hot water heater temperature by 10 degrees	4	med	low	high	
Do not purchase or use styrofoam products	1	low	low	high	
Recycle live Christmas trees after the season	1	low	low	high	
Create a compost pile or bin	2	med	med	med	
Use a rain barrel to collect water for plants	2	low	low	high	
Recycle old cellular phones	1	low	low	high	
Send electronic cards instead of paper cards	1	low	med	high	
Use at least six rechargeable batteries	2	low	med	high	
Purchase sustainable seafood (www.montereybayaquarium.org)	1	med	low	high	
Use low VOC (volatile organic compounds) paint	1	low	low	high	
Use phosphate-free detergent	1	low	low	high	
Eat one meatless dinner a week for at least one month	1	low	low	high	
On the Go					
Purchase a more energy-efficient vehicle (+5 MPG over current vehicle)	10	high	med	high	
Combine errands and drive 10 fewer miles per week	5	med	med	high	
Walk to church at least 20 times a year	5	med	med	med	
				SUBTOTAL	

On the Go (CONTINUED)

	Points	Impact	\$ Saved	Ease	Implemented
Drive the speed limit	4	med	high	med	
Keep tires properly inflated	1	low	low	high	
Keep car well-maintained	4	med	med	high	
Bring your own table service to church events	2	med	low	high	
Bring your own coffee mug to church instead of using a disposable cup	1	low	low	high	
Use only one bulletin per family at church	1	low	low	high	
Carpool to work at least three times per week	4	med	med	med	
Participate in a highway or stream clean-up	2	med	low	med	

Anytime

Get a home energy audit and implement	1	low	low	med	
Recycle aluminum cans, glass, plastic, paper, and newspaper	2	low	low	high	
Purchase recycled household paper products	1	low	low	high	
Bring your own reusable bags to the grocery store	1	low	low	high	
Drink filtered tap water instead of bottled water	2	low	high	high	
Eat locally grown produce once a week	1	low	low	med	
Give donations to the church or other non profit as gifts to friends and family	2	low	low	high	
Shop for locally made items to cut down on transportation pollution	1	low	low	high	
Purchase fair trade coffee	1	low	low	high	
Bring aluminum cans to church for recycling (funds support environment com.)	3	med	med	high	
Bring used computer inkcartridges to church for recycling	1	low	low	high	
Purchase a minimum of five environmentally friendly gifts	2	low	low	high	
Use reusable gift bags instead of wrapping paper	1	low	low	high	
Total possible points = 140					
TOTAL FAMILY POINTS					

*“Yours, O Lord, is the greatness and the power
and the glory and the majesty and the splendor,
for everything in heaven and earth is yours.”*
1 Chronicles 29:11

